

Capability Statement

TBL.
Legal Solutions

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TBL.

TBL Legal Solutions (The Brisbane Lawyer) is a flexible legal consultancy designed for busy in-house legal teams and growing businesses who need smart legal support — without the overhead.

We work with businesses who aren't ready to hire in-house, and legal teams who are stretched too thin. Our model is modern, responsive, and human. No stuffy suits, no billable hour obsession — just practical legal help when you need it.



TBL. Legal Solutions Director, Jessica Carroll

Meet the Director

Hi, I'm Jessica Carroll, the founder and sole director of TBL Legal Solutions. I'm a senior commercial lawyer with over a decade of experience spanning across both private practice and in-house legal roles.

Before starting TBL, I spent years advising businesses of all shapes and sizes - from large multinational corporations to not-for-profits and fast-growing startups. I've worked across a broad industries like mining, technology, professional services, property and waste and recycling. I've led in-house teams, managed complex disputes, negotiated contracts large and small, and built legal processes from the ground up.

I started TBL because I saw a gap: busy businesses and legal teams needed legal support that was flexible, responsive, and commercial — but without the baggage (and price tag) of a traditional law firm or the hurdles of getting approval for legal headcount.

Why work with me?

- I get the business side of legal — my advice is practical, clear, and commercial
- I'm responsive and easy to work with — no suits, no ego, no nonsense
- I bring senior-level experience, without big firm overheads
- I embed myself in your business to truly understand how to support you

While TBL is just me for now, I collaborate with other legal professionals when needed — and I'm committed to growing the business with the same honest, no-fuss, high-quality service my client's value.

I'm also happy to consult and work in tandem with your preferred private practice firm, acting as a bridge between business and external counsel when that's what works best for you.

What we do (AKA: The Good Stuff)

TBL. Legal Solutions helps busy legal teams and growing businesses get on top of their legal needs — without the fluff, the formality, or the full-time headcount. Here's how we can help:



Overflow Legal Support

Swamped legal team? I step in as your extra pair of experienced hands. From contracts to compliance, I help you catch up, keep up, and stay in control — without needing to hire someone new.



Legal Frameworks for Growing Businesses

If you're building a business and not quite ready for an in-house lawyer, I'll help you set the legal foundations — think contract templates, risk frameworks, engagement processes and policies. So things run smoothly from the start.



Commercial Contracting & Drafting

Need a contract written, reviewed or untangled? I draft and negotiate supplier and services agreements with commercial smarts and plain English — no legal waffle, just terms that work for you



Legal Operations and Process Improvement

Tired of bottlenecks, repetitive low-level work, or “where’s that contract?” chaos? I help streamline your legal processes with automation, self-service templates, and smarter systems that actually save time.



Risk and Compliance Frameworks

We'll map out your risks and put simple, practical safeguards in place — from compliance procedures to contract clauses — so your business stays out of trouble (and out of court).



Policy and Procedure Drafting

From privacy policies to procurement processes, I draft clear, compliant, business-friendly internal docs that people will actually use — not just file away



Legal Training & Education

I run down-to-earth training sessions on contracts and procurement for business and legal teams.

Need something tailored? I can also develop cheat sheets, contract playbooks, or guides specific to your business



Debtor Management & Dispute Resolution

Cash flow matters. I help you get paid on time and stay out of disputes by setting up clear, enforceable terms and practical recovery strategies. Whether you're chasing an unpaid invoice or looking to prevent problems in the first place, I'll help you tighten your approach without burning bridges.

Our engagement options

I work with clients in the way that suits them best. You can engage TBL Legal Solutions in the following ways:

Embedded resource

I can step in as a fixed-term, part-time in-house legal team member under your brand. I'll join meetings, review documents, and support day-to-day legal needs like a team member (but without the permanent headcount).

Project basis

Need help with a contract overhaul, policy review, dispute strategy, or legal training program? I can scope the work, quote a fixed cost, and get it done.

By the hour

If you need responsive legal support that doesn't require a fixed scope, I offer competitive hourly rates for advisory or overflow work.

All work is subject to a clear Fee Notice, so you always know what's happening and what it's going to cost.

Let's work together

If you're after legal support that's **commercial, responsive, and easy to work with** — without the headcount — I'd love to chat.

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📍 Based in Brisbane. Working wherever you are.